



Bwydlen Brecwast

Sudd Ffrwyth

Grawnfwyd

Ffrwythau Ffres

logwrt Naturiol

logwrt Llaeth y Llan

Bricyll neu eirin sych wedi'u stiwio

Uwd



Brecwast Llawn Cymreig

Bacwn, Selsig, Tomato, Madarch, Ffa Pôb, wŷy o'ch dewis
(Ffrio, potsio, sgramblo)

neu

Crempog Americanaidd, compote afal efo crème fraiche

neu

Crempog Americanaidd efo sudd masarn

neu

Dau wŷy Birchgrove - wedi eu Ffrio, potsio, sgramblo neu ferwi

neu

Eog wedi'i Fygu gyda wŷy sgramblo



Tê brecwast, Earl Grey, Ffrwyth neu mintys

Cafetiere o Goffi

Siocled Poeth



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Cafetiere o Goffi

Siocled Poeth



Breakfast Menu

Fruit juice

Selection of cereals

Fresh fruit

Natural yoghurt

Llaeth y Llan yoghurts

Stewed apricots or prunes

Porridge



Full Welsh breakfast

Bacon, sausage, tomato, mushroom, baked beans and egg cooked to your choice (fried, poached, scrambled)

or

American pancakes, apple compote and crème fraiche

or

American pancakes and maple syrup

or

Two Birchgrove free range eggs (poached, scrambled, fried or boiled)

or

Smoked salmon & scrambled egg



Breakfast, Earl Grey, Fruit, Peppermint teas

Cafetiere of coffee

Hot Chocolate



Breakfast Menu

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Selection of cereals

Fresh fruit

Natural yoghurt

Llaeth y Llan yoghurts

Stewed apricots or prunes

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Breakfast, Earl Grey, Fruit, Peppermint teas

Cafetiere of coffee

Hot Chocolate