

Y TALBOT

TREGARON

Cwrs Cyntaf / Starters

Olewydd wedi'u marinadu & bara / *Marinated olives & bread (LI/V)*

£5.00

Cawl y dydd / *Soup of the day*

£6.50

Carpaccio o diwna, soi, sesame, sinsir wedi'i piclo, mayonnaise wasabi /

Carpaccio of tuna, soy, sesame, pickled ginger, wasabi mayonnaise

£8.50

Corgimychiaid mawr Panko, mayonnaise chilli melys /

Panko breaded king prawns, sweet chilli mayonnaise

£7.50

Wŷ Albanaidd mangalitsa lleol pwdin gwaed, piwrŷ

Local mangalitsa black pudding scotch egg, smoked bacon veloute

£7.50

Feta, Pupur wedi'i rhostio, cnau pinwydd, basil /

Feta, roasted peppers, pine nuts, basil

£8.00

Prif Gyrsiau / Mains

Syrlwyn cig eidion, piwrŷ seleriac, sbigoglys, saws bordelaise

Sirloin of beef, celeriac puree, spinach, bordelaise sauce

£21.00

Rwmpen o gig oen Cymreig, brest crychlyd, piwrŷ winwns, tatws dauphinoise, saws
madeira, sbigoglys /

Lamb rump, crispy breast, onion puree, dauphinoise potatoes, madeira sauce, spinach

£19.00

Merfog y môr, piwrŷ blodfresych, pys, ffa llydan, saws bois boudran /

Seabream, cauliflower puree, peas, broad beans, bois boudran sauce

£17.00

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Coes hwyaden confit, cennin, tatws wedi'i stwmpio, saws gwîn coch /
Confit duck leg, leeks, mash, red wine sauce

£17.00

Llysieuol / *Vegetarian*

Seleriac wedi'i rhostio, madarch, brocoli, cnau ffrengig, persli (Fegan)/
Roasted celeriac, mushrooms, broccoli, walnuts, parsley (Vegan)

£12.50

Bwyd Tafarn / *Pub Classics*

Byrgyr cig eidion Cymreig Y Talbot, letys, tomato, mayonnaise, sglodion cartref /
Y Talbot Welsh beef burger, lettuce, tomato, mayonnaise, homemade chips

£11.00

Gyda caws cheddar Snowdonia / Perl Las / Bacwn / Add Snowdonia cheddar / Perl
Las / Bacon

yr un am £1.50 ychwanegol / *£1.50 each*

Lleden briwsionllyd wedi'i ffrio, sglodion cartref piwrî pys a saws tartare /
Panko-breaded local plaice, homemade chips, pea purée, tartare sauce

£13.50

Ychwanegion / *Side Dishes*

Sglodion cartref / tatws stwmp / sbigoglys / pys /
Chips / mash / spinach / peas

£3.00

Torth fach o fara, neu fara menyf / *Bread roll, bread and butter*

£1.00

Mae ein holl brydau yn cael eu paratoi'n ffres gan ddefnyddio cynnyrch lleol ble fo hynny'n bosibl.
All our meals are freshly prepared in our kitchen using locally sourced produce wherever possible.

Os oes gennych unrhyw anghenion dietegol arbennig, siaradwch ag aelod o staff.
Gall rhai eitemau ar ein bwydlen gynnwys cnau. Mae bwydlen blant ar gael hefyd.
*If you have any dietary requirements please make us aware and we will be happy
to recommend suitable dishes for you. Some menu items may contain nuts*